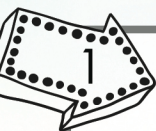


# NOVEMBER



<p>1</p> <p>Give someone a hug or compliment</p> 	<p>2</p> <p><i>Good Morning</i></p> <p>Leave a kind note on someone's car</p>	<p>3</p> <p>Support a local business</p> 	<p>4</p> <p>Hold the door open for someone</p> <p><b>COOL!</b></p>	<p>5</p> <p>Collect canned goods for a shelter</p>
<p>6</p> <p>Donate unwanted clothes to charity</p> 	<p>7</p> <p>Buy a friend or colleague coffee</p> 	<p>8</p> <p>Give a friend or loved one your full attention</p> 	<p>9</p> <p><b>LOVE YOU!</b></p> <p>Tell a joke to make someone smile</p>	<p>10</p> <p>Do something kind for yourself</p> 
<p>11</p> <p>Donate unwanted books to charity</p> 	<p>12</p> <p>Tell someone on Social how amazing they are</p> 	<p>13</p> <p>Pick up garbage in the neighborhood</p>	<p>14</p> <p>Volunteer</p> 	<p>15</p> <p>Get in touch with an old friend or relative</p> 
<p>16</p> <p>Pay for a stranger's coffee</p> 	<p>17</p> <p>Smile and thank someone who served you</p> 	<p>18</p> <p>Ask a friend how they are doing and just listen</p> 	<p>19</p> <p>Tape some money on a vending machine</p>	<p>20</p> <p>Smile at a stranger or 2 or 15</p> 
<p>21</p> <p>Ding dong ditch a gift for a neighbor</p> 	<p>22</p> <p>Write a sincere letter to someone who has had an influence on your life</p>	<p>23</p> <p>Say "thank you" at least 10 times today</p> <p><b>THANK YOU</b></p>	<p>24</p> <p>Hide a friendly note in a public place</p>	<p>25</p> <p>Bake a special treat for someone in your life who you truly appreciate</p> 
<p>26</p> <p>Do a chore today without being asked</p>	<p>27</p> <p>Take the time to be kind and say thank you</p> 	<p>28</p> <p>Let someone know you are thinking of them</p>	<p>29</p> <p>Write 5 Thank You notes today, and MAIL THEM (email does NOT count!)</p>	<p>30</p> <p><i>love</i> GIVING TUESDAY donate to a favorite charity</p>